

## **Barb's Turkey Chili - by Barbara Jenkins**

1 lb ground turkey breast or chicken,

- Brown in skillet with diced onion, garlic, salt, pepper

Add:

- 1 large can of crushed tomatoes with green peppers
- 2 cans hot chili beans
- 1 can black beans
- 1/2 teaspoon sugar
- 1 Tablespoon chili pepper
- Spices to taste: cayenne pepper, black pepper, cumin, savory flakes with peppers, etc.
- Additional water for desired liquid thickness

Cook on low heat about an hour. Good with Pita chips!